

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>December cont'd 30</p> <p>9:00 Sunday's Crossword 9:15 Coffee Social [DR] 10:00 Catholic Communion [LI] 10:30 Morning Walk [ATR] 11:30 Solstice Church Service [GL] 2:00 Color With Me [ATR] 3:00 Mexican Train Dominoes [GL] 4:00 Knitting and Crochet Class [ATR] 7:00 UNO Card Game [GL]</p>	<p>New Year's Eve 31 SUE SCHREIBER BIRTHDAY 9:30 Chair Yoga [ATR] 11:00 Beanbag Baseball [ATR] 11:45 Funny Bucks Banking [AR] 1:45 Solstice Bridge Club [GL] 3:30 Chronology [AR] 4:30 Learn to Play Chess [ATR] 7:00 Monday Game Night [GL] 7:00 New Years Eve Celebration [ATR] 7:00 Pinochle [GL]</p>	<p> SOLSTICE SENIOR LIVING AT BELLINGHAM</p>	<p>Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well</p> <p>Location Keys Activity Room AR Atrium ATR Bus Transportation Bus Dining Room DR Exercise EXR Front Patio FP Game Loft GL Library LI TV Lounge TV</p>	<p>Resident Birthdays Barbara W. 12/10 Howard J. 12/18 Agnes R. 12/20 Ted W. 12/29 Sue S. 12/31</p>	<p>LOU DEMARCO BIRTHDAY Secret Santa Entries Jean L & Irene 9:00 Saturday's Word Search 10:00 Morning Walk [EXR] 10:30 Bellingham Youth Jazz Band [DR] 11:00 Let's Play Chess [ATR] 3:00 Pen Pal Club [AR] 3:30 Craft Time [AR] 4:30 Solstice Social Hour [ATR] 7:00 Cinema: Christmas Inheritance [TV]</p>	
<p>2</p> <p>9:00 Sunday's Crossword 9:15 Coffee Social [DR] 10:00 Catholic Communion [LI] 10:30 Morning Walk [ATR] 11:30 Solstice Church Service [GL] 2:00 Color With Me [ATR] 2:00 This is Your Life Recognition for Rhodes Galbraith [DR] 3:00 Mexican Train Dominoes [GL] 4:00 Knitting and Crochet Class [ATR] 7:00 LCR Dice Game [AR]</p>	<p>3</p> <p>9:30 Chair Yoga [ATR] 11:00 Beanbag Baseball [ATR] 11:45 Funny Bucks Banking [AR] 1:45 Solstice Bridge Club [GL] 3:30 Chronology [AR] 4:30 Learn to Play Chess [ATR] 7:00 "Nuts & Bolts" [AR] 7:00 Monday Game Night [GL] 7:00 Pinochle [GL]</p>	<p>4</p> <p>10:00 Morning Billiards [GL] - Silver Sneakers Exercise [ATR] 11:00 Fred Meyer Trip 11:00 Solstice Singers Practice [TV] 12:30 Name Tag Tuesday 2:00 Knitting and Crochet Circle [ATR] 4:00 Welcome Ambassadors [AR] 7:00 Bingo [GL]</p>	<p>5</p> <p>Wednesday's Word Search 9:15 5 Minutes of Balance [ATR] 10:00 Free Concert Trinity Lutheran Church [Bus] 11:00 Beanbag Baseball [ATR] 12:00 Secret Santa Drawing [DR] 2:00 Thrift Store Shopping [Bus] 2:30 Scrabble [AR] 4:00 Name That Tune [ATR] 7:00 Bingo [GL]</p>	<p>6</p> <p>9:00 Morning Billiards [GL] 10:00 Alterations by Joyce [AR] 10:00 Fred Meyer/ Dollar Store Trip [Bus] 10:10 Silver Sneakers Exercise [ATR] 1:30 15 min massages with Jaime(\$\$) [ATR] 1:30 Color Chiropractic (Sign up sheet in Activity Room) Medicare accepted [ATR] 2:00 TED Talks [TV] 4:00 Let's Play Chess [ATR] 7:00 Movie: Must Love Dogs [TV] 7:00 Pinochle [GL]</p>	<p>7</p> <p>9:30 Current Events [ATR] 11:00 Beanbag Baseball [ATR] 12:30 Wear a Hat Day [DR] 2:00 T'Was the Night Before Christmas Storytime [ATR] 3:00 Game Time! Jeopardy and Deal or No Deal [ATR] 3:30 General Store [AR] 4:00 Let's Play Chess [ATR] 4:15 JP Falcon on Guitar with Vocals [DR] 7:00 Bingo [GL] 7:00 Cards, Anyone? [GL]</p>	<p>8</p> <p>9:00 Saturday's Word Search 10:00 "Our Daily Bread" [LI] 10:00 Morning Walk [EXR] 10:30 Tai Chi [ATR] 2:00 Improv Playworks [ATR] 3:00 Victorian Caroling [ATR] 4:30 Path to Wellness Solstice Social Hour [ATR] 7:00 Cinema: White Christmas [TV]</p>
<p>9</p> <p>9:00 Sunday's Crossword 9:15 Coffee Social [DR] 10:00 Catholic Communion [LI] 10:30 Morning Walk [ATR] 11:30 Solstice Church Service [GL] 2:00 Mathew Chen on Saxophone [ATR] 3:00 Mexican Train Dominoes [GL] 4:00 Knitting and Crochet Class [ATR] 7:00 Bunco [AR]</p>	<p>BARBARA WHITE BIRTHDAY 10 9:30 Chair Yoga [ATR] 11:00 Beanbag Baseball [ATR] 11:45 Funny Bucks Banking [AR] 1:45 Solstice Bridge Club [GL] 3:00 Rite Aid Blood Pressure Clinic [AR] 3:30 Chronology [AR] 4:30 Learn to Play Chess [ATR] 7:00 "Nuts & Bolts" [AR] 7:00 Monday Game Night [GL] 7:00 Pinochle [GL]</p>	<p>11</p> <p>9:00 Tim's Tech Time [AR] 9:30 Learn to Play Chess [ATR] 10:00 Morning Billiards [GL] - Silver Sneakers Exercise [ATR] 11:00 Fred Meyer Trip 11:00 Solstice Singers Practice [TV] 12:30 Name Tag Tuesday 2:00 Monthly Resident Meeting [DR] 2:30 Knitting and Crochet Circle [ATR] 4:00 Director Lead Activity Virtual Reality Experience [GL] 6:30 Around The Town Holiday Lights Tour [Bus] 7:00 Bingo [GL]</p>	<p>12</p> <p>Wednesday's Word Search 9:15 5 Minutes of Balance [ATR] 11:00 Beanbag Baseball [ATR] 2:30 Scrabble [AR] 4:00 Name That Tune [ATR] 4:15 Student Flute Choir [DR] 6:30 Around The Town Holiday Lights Tour [Bus] 7:00 Bingo [GL]</p>	<p>13</p> <p>12 DAYS OF CHRISTMAS BEGINS 8:00 Chef's Display: Belgian Waffles [DR] 9:00 Morning Billiards [GL] 10:00 Fred Meyer/ Dollar Store Trip [Bus] 10:10 Silver Sneakers Exercise [ATR] 1:30 15 min massages with Jaime(\$\$) [ATR] 2:00 Begin Gingerbread Houses [AR] 2:00 Hearing NW [TV] 4:00 Let's Play Chess [ATR] 4:15 Michael Spinalo Elvis Impersonation [DR] 7:00 Movie: Set it Up [TV] 7:00 Pinochle [GL]</p>	<p>14</p> <p>9:30 Current Events [ATR] 11:00 Beanbag Baseball [ATR] 12:30 Fancy Beads Day [DR] 2:00 Complete Gingerbread Houses [AR] 2:00 Moments In Time [LI] 3:00 Game Time! Jeopardy and Deal or No Deal [ATR] 4:00 Let's Play Chess [ATR] 4:15 Sehomo Chamber Choir Performance [DR] 7:00 Bingo [GL] 7:00 Cards, Anyone? [GL]</p>	<p>15</p> <p>9:00 Saturday's Word Search 10:00 General Store [AR] 10:00 Morning Walk [EXR] 12:00 Bellingham Bunch Lunch [DR] 2:00 Card Making with Louise K. [AR] 2:00 Outside the Box Janey Bennett [TV] 3:30 Craft Time [AR] 4:30 Solstice Social Hour [ATR] 6:30 Piano Students Performance [DR] 7:00 Cinema: The Spirit of Christmas [TV]</p>
<p>16</p> <p>Raffle Tickets Available from Jean L. and Irene 9:00 Sunday's Crossword 9:15 Coffee Social [DR] 10:00 Catholic Communion [LI] 10:30 Morning Walk [ATR] 11:30 Solstice Church Service [GL] 2:00 Color With Me [ATR] 3:00 Mexican Train Dominoes [GL] 3:00 Performance by Fruit Cocktail [DR] 4:00 Knitting and Crochet Class [ATR] 4:15 Bellingham Community Band Ansamble [DR] 7:00 LCR Dice Game [AR]</p>	<p>17</p> <p>9:30 Chair Yoga [ATR] 11:00 Beanbag Baseball [ATR] 11:45 Funny Bucks Banking [AR] 1:45 Solstice Bridge Club [GL] 2:00 Create Pine Cone Ornaments with Marjie [AR] 3:30 Chronology [AR] 4:15 Holiday Music by Jack Lee [ATR] 4:30 Learn to Play Chess [ATR] 7:00 "Nuts & Bolts" [AR] 7:00 Monday Game Night [GL] 7:00 Pinochle [GL]</p>	<p>18</p> <p>Buy Raffle Tickets from 12-7 Jean L & Irene HOWARD JOHNSON BIRTHDAY 9:00 Dog Groomers [FP] 10:00 Morning Billiards [GL] - Silver Sneakers Exercise [ATR] 11:00 Fred Meyer Trip 11:00 Solstice Singers Practice [TV] 12:30 Name Tag Tuesday 2:00 Knitting and Crochet Circle [ATR] 2:00 Make Ornaments with Marjie [AR] 2:30 Holiday Karaoke Sing-a-long [DR] 3:00 Solstice Book Club [LI] 4:00 New Resident Meet & Greet [AR] 7:00 Bingo [GL]</p>	<p>19</p> <p>Wednesday's Word Search 9:00 "13 Nails" Manicures [AR] 9:15 5 Minutes of Balance [ATR] 11:00 Beanbag Baseball [ATR] 11:30 Lunch Out To Red Robin [Bus] 12:30 Wear a Hat Day [DR] 2:00 Decorate Ugly Sweaters [AR] 2:30 Scrabble [AR] 4:00 Last Minute Gift Wrapping [AR] 4:00 Name That Tune [ATR] 7:00 Bingo [GL] 7:00 Winter Wonderland Dance with Good Vibrations [DR]</p>	<p>20</p> <p>AGNES REMSEN BIRTHDAY Wrapped and Labeled Secret Santa Gifts Due Jean L & Irene 9:00 Morning Billiards [GL] 10:00 Alterations by Joyce [AR] 10:00 Fred Meyer/ Dollar Store Trip [Bus] 10:10 Silver Sneakers Exercise [ATR] 1:30 15 min massages with Jaime(\$\$) [ATR] 2:00 TED Talks [TV] 3:00 Chef's Corner [GL] 4:00 Let's Play Chess [ATR] 4:15 Christmas Sing-a-long with Brian Myrick [DR] 7:00 Movie: Bolt [TV] 7:00 Pinochle [GL]</p>	<p>21</p> <p>FLO STUEN BIRTHDAY 9:30 Current Events [ATR] 11:00 Beanbag Baseball [ATR] 12:30 Flying Colors: "Tis the Season Tree Green" [DR] 3:00 High Tea [ATR] 4:00 Let's Play Chess [ATR] 4:15 The Eptides Soft Jazz Holiday Performance [DR] 7:00 Bingo [GL] 7:00 Cards, Anyone? [GL]</p>	<p>22</p> <p>Last Chance to Purchase Raffle Tickets 9:00 Saturday's Word Search 10:00 Morning Walk [EXR] 10:00 Our Daily Bread [LI] 10:30 Tai Chi [ATR] 2:00 Decorating Holiday Cookies with Renee Miller [AR] 3:30 Give & Take Table [GL] 3:45 Katrina Suzuki Music Class Performance [DR] 4:30 Gold Key Solstice Social Hour [ATR] 7:00 Cinema: Christmas Ranch [TV]</p>
<p>23</p> <p>9:00 Sunday's Crossword 9:15 Coffee Social [DR] 10:00 Catholic Communion [LI] 10:30 Morning Walk [ATR] 11:30 Solstice Church Service [GL] 12:15 Secret Santa Gift Delivery [DR] 2:00 Color With Me [ATR] 3:00 Mexican Train Dominoes [GL] 4:00 Knitting and Crochet Class [ATR] 4:15 Holiday Music from Bob Sanders [DR] 7:00 Bunco [AR]</p>	<p>24</p> <p>Christmas Eve 9:30 Chair Yoga [ATR] 11:00 Beanbag Baseball [ATR] 11:45 Funny Bucks Banking [AR] 12:15 Raffle Drawing & Ugly sweater Judging [DR] 1:45 Solstice Bridge Club [GL] 2:30 Home Attendant Care Blood Pressure Clinic [AR] 3:30 Chronology [AR] 4:15 Mary McKinnon Holiday Piano Performance [DR] 4:30 Learn to Play Chess [ATR] 7:00 "Nuts & Bolts" [AR] 7:00 Monday Game Night [GL] 7:00 Pinochle [GL]</p>	<p>25</p> <p>Christmas Day 9:00 Tim's Tech Time [AR] 9:30 Learn to Play Chess [ATR] 10:00 Morning Billiards [GL] - Silver Sneakers Exercise [ATR] 11:00 Solstice Singers Practice [TV] 12:30 Name Tag Tuesday 2:00 Knitting and Crochet Circle [ATR] 7:00 Bingo [GL]</p>	<p>26</p> <p>Wednesday's Word Search 9:15 5 Minutes of Balance [ATR] 11:00 Beanbag Baseball [ATR] 2:00 Day Trip Around Whatcom County [Bus] 2:30 Scrabble [AR] 4:00 Name That Tune [ATR] 4:15 Vera Karila Performance (Irene's Daughter) [DR] 7:00 Bingo [GL]</p>	<p>27</p> <p>9:00 Morning Billiards [GL] 10:00 Fred Meyer/ Dollar Store Trip [Bus] 10:10 Silver Sneakers Exercise [ATR] 1:30 15 min massages with Jaime(\$\$) [ATR] 3:00 LRC (bring pennies) [GL] 4:00 Let's Play Chess [ATR] 7:00 Movie: Our Souls at Night [TV] 7:00 Pinochle [GL]</p>	<p>28</p> <p>9:30 Current Events [ATR] 11:00 Beanbag Baseball [ATR] 12:30 Dinner Table Hop [DR] 2:00 Beanbag Baseball at Spring Creek [Bus] 2:00 Moments In Time [LI] 3:00 Game Time! Jeopardy and Deal or No Deal [ATR] 4:00 Let's Play Chess [ATR] 4:15 Bob's Your Uncle Music Performance [DR] 7:00 Bingo [GL] 7:00 Cards, Anyone? [GL]</p>	<p>29</p> <p>TED WATERHOUSE BIRTHDAY 9:00 Saturday's Word Search 10:00 Morning Walk [EXR] 11:00 Let's Play Chess [ATR] 2:00 Outside the Box with Lena Robertson [ATR] 3:30 Craft Time [AR] 4:30 Solstice Social Hour [ATR] 7:00 Cinema: Wild Oats [TV]</p>