

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>March cont'd</b> <span style="float: right;"><b>31</b></span></p> <p>9:00  Sunday's Crossword 9:15  Coffee Social [DR] 10:00  Catholic Communion [LI] 10:30  Morning Walk [ATR] 11:30  <b>Decade Day! Wear Fashion From Your Favorite Decade [DR]</b> 11:30  Solstice Church Service [GL] 2:00  Color With Me [AR] 3:00  Mexican Train Dominoes [GL] 4:00  Knitting and Crochet Class [ATR]</p>	<p> <b>SOLSTICE</b> SENIOR LIVING AT BELLINGHAM</p>	<p> <b>Be Adventurous</b>  <b>Be Challenged</b>  <b>Be Connected</b>  <b>Be Family</b>  <b>Be Inspired</b>  <b>Be Social</b>  <b>Be Well</b></p>	<p><b>Location Keys</b></p> <p>Activity Room AR Atrium ATR Bus Transportation Bus Dining Room DR Exercise EXR Front Patio FP Game Loft GL Library LI TV Lounge TV</p>	<p><b>Resident Birthdays</b></p> <p>Wanda O. 3/2 Ken H. 3/12 Helen E. 3/16 Kate C. 3/22 Shirley M. 3/23 Carole G. 3/23 Dottie D. 3/26 Wanda T. 3/28</p>	<p><span style="float: right;"><b>1</b></span></p> <p>9:30  Current Events [ATR] 10:00  5 Minutes of Balance [ATR] 11:00  Beanbag Baseball [GL] 12:30  <b>Wear a Hat Day [DR]</b> 2:00  Senior Steppers [DR] 3:00  Game Time! Jeopardy and Deal or No Deal [GL] 3:30  <b>General Store [AR]</b> 4:00  Let's Play Chess [ATR] 4:15  JP Falcon on Guitar with Vocals [DR] 7:00  Bingo [GL] 7:00  Cards, Anyone? [GL]</p>	<p><span style="float: right;"><b>2</b></span></p> <p><b>WANDA OLSZEWSKI BIRTHDAY</b> 9:00  Saturday's Word Search 10:00  Morning Walk [EXR] 10:30  Chair Yoga with Marnell [GL] 11:00  Let's Play Chess [ATR] 12:00  <b>Wear Patterned Socks Day [DR]</b> 2:00  Outside the Box [GL] 2:30  <b>Story of a Lifetime [ATR]</b> 3:00  Pen Pal Club [AR] 3:30  Craft Time [AR] 3:30  Mathew Chen Saxophone Performance [DR] 4:30  Solstice Social Hour [GL] 7:00  Cinema: The Borrowers [TV]</p>
<p><span style="float: right;"><b>3</b></span></p> <p>9:00  Sunday's Crossword 9:15  Coffee Social [DR] 10:00  Catholic Communion [LI] 10:30  Morning Walk [ATR] 11:30  Solstice Church Service [GL] 12:00  <b>Twin Day! Dress the same as your friend [DR]</b> 2:00  Color With Me [AR] 3:00  Mexican Train Dominoes [GL] 4:00  Knitting and Crochet Class [ATR] 7:00  LCR Dice Game [AR]</p>	<p><span style="float: right;"><b>4</b></span></p> <p>9:30  Chair Yoga [GL] 11:00  Beanbag Baseball [GL] 11:45  Funny Bucks Banking [AR] 1:45  Solstice Bridge Club [GL] 2:00  Monday Matinee: House of D [TV] 3:30  Chronology [AR] 4:30  Learn to Play Chess [ATR] 7:00  Monday Game Night [GL] 7:00  Nuts &amp; Bolts [AR] 7:00  Pinochle [GL]</p>	<p><span style="float: right;"><b>5</b></span></p> <p>9:00  Dog Groomers [ATR] 10:00  Morning Billiards [GL] 10:10  Silver Sneakers Exercise [GL] 11:00  Fred Meyer Trip 11:00  Solstice Singers Practice [TV] 12:30  Name Tag Tuesday 2:00  Knitting and Crochet Circle [ATR] 3:00  Family Feud Game [GL] 4:00  <b>Welcome Ambassadors [AR]</b> 7:00  Bible Study [TV] 7:00  Bingo [GL]</p>	<p><span style="float: right;"><b>6</b></span></p> <p><b>Wednesday's Word Search</b> 9:00  <b>Livin the Dream Event "Lunch at the Space Needle" [Bus]</b> 9:15  5 Minutes of Balance [ATR] 10:00  Game Time! Jeopardy and Deal or No Deal [GL] 11:00  Beanbag Baseball [GL] 12:00  <b>Wear a Pin/Brooch Day [DR]</b> 2:30  Scrabble [AR] 3:30  LRC (bring pennies) [AR] 4:00  Name That Tune [GL] 7:00  Bingo [GL] 7:00  Movie: Shawshank Redemption [TV]</p>	<p><span style="float: right;"><b>7</b></span></p> <p>9:00  Morning Billiards [GL] 10:00  Fred Meyer/ Dollar Store Trip [Bus] 10:10  Silver Sneakers Exercise [DR] 11:00  Alterations by Joyce [AR] 12:00  <b>Wear Something Plaid Day [DR]</b> 1:30  15 min massages with Jaime(\$\$) [ATR] 1:30  Color Chiropractic (Sign up sheet in Activity Room) Medicare accepted [ATR] 2:00  TED Talks [TV] 3:00  UNO Card Game [GL] 4:00  Let's Play Chess [ATR] 7:00  Pinochle [GL]</p>	<p><span style="float: right;"><b>8</b></span></p> <p>9:30  Current Events [ATR] 10:00  5 Minutes of Balance [ATR] 11:00  Beanbag Baseball [GL] 12:30  <b>Fancy Beads Day [DR]</b> 2:00  Moments In Time "A Writers Group" [LI] 3:00  Intergenerational Activity Legos with Generations Childcare [GL] 4:00  Let's Play Chess [ATR] 4:15  Mary McKinnon Piano Performance [DR] 7:00  Bingo [GL] 7:00  Cards, Anyone? [GL]</p>	<p><span style="float: right;"><b>9</b></span></p> <p>9:00  Saturday's Word Search 10:00  "Our Daily Bread" [LI] 10:00  Morning Walk [EXR] 10:30  Chair Yoga with Marnell [GL] 11:00  Let's Play Chess [ATR] 12:00  <b>Wear Mismatched Socks Day [DR]</b> 3:00  Cards Anyone [GL] 3:30  Craft Time [AR] 4:30  Path to Wellness Solstice Social Hour [GL] 7:00  Cinema: Shall We Dance [TV]</p>
<p><b>Daylight Saving Time Begins</b> <span style="float: right;"><b>10</b></span></p> <p>9:00  Sunday's Crossword 9:15  Coffee Social [DR] 10:00  Catholic Communion [LI] 10:30  Morning Walk [ATR] 11:30  Solstice Church Service [GL] 12:00  <b>Sports Day! Wear your favorite Team Attire [DR]</b> 2:00  Color With Me [AR] 3:00  Mexican Train Dominoes [GL] 4:00  Knitting and Crochet Class [ATR] 7:00  Bunco [AR]</p>	<p><span style="float: right;"><b>11</b></span></p> <p>9:30  Chair Yoga [GL] 11:00  Beanbag Baseball [GL] 11:45  Funny Bucks Banking [AR] 1:45  Solstice Bridge Club [GL] 2:00  Monday Matinee: Casino Royale 007 [TV] 2:30  Home Attendant Care Blood Pressure Clinic [AR] 3:30  Chronology [AR] 4:30  Learn to Play Chess [ATR] 7:00  Monday Game Night [GL] 7:00  Nuts &amp; Bolts [AR] 7:00  Pinochle [GL]</p>	<p><b>KEN HATHAWAY BIRTHDAY</b> <span style="float: right;"><b>12</b></span></p> <p>9:00  Dog Groomers [FP] 9:00  Tim's Tech Time [AR] 9:30  Learn to Play Chess [ATR] 10:00  Morning Billiards [GL] 10:10  Silver Sneakers Exercise [GL] 11:00  Fred Meyer Trip 11:00  Solstice Singers Practice [TV] 12:30  Name Tag Tuesday 2:00  Knitting and Crochet Circle [ATR] 2:00  Monthly Resident Meeting [DR] 3:00  Family Feud Game [GL] 5:00  Wind Chamber Ensemble [DR] 7:00  Bingo [GL]</p>	<p><span style="float: right;"><b>13</b></span></p> <p><b>Wednesday's Word Search</b> 9:15  5 Minutes of Balance [ATR] 10:00  Game Time! Jeopardy and Deal or No Deal [GL] 11:00  Beanbag Baseball [GL] 12:00  <b>Wear a Fancy Ring Day [DR]</b> 2:00  Day Trip to Lynden and Edaleen Dairy [Bus] 2:30  Scrabble [AR] 3:30  LRC (bring pennies) [AR] 4:00  Name That Tune [GL] 7:00  Bingo [GL] 7:00  Movie: Dirty Dancing [TV]</p>	<p><span style="float: right;"><b>14</b></span></p> <p>8:00  <b>Chef's Display: Belgian Waffles [DR]</b> 9:00  Morning Billiards [GL] 10:00  Fred Meyer/ Dollar Store Trip [Bus] 10:10  Silver Sneakers Exercise [DR] 12:00  <b>Wear Polka Dots Day [DR]</b> 1:30  15 min massages with Jaime(\$\$) [ATR] 2:00  <b>Hearing NW [TV]</b> 2:00  Learn to Speak Spanish [TV] 3:00  UNO Card Game [GL] 4:00  Let's Play Chess [ATR] 7:00  Pinochle [GL]</p>	<p><span style="float: right;"><b>15</b></span></p> <p>9:30  Current Events [ATR] 10:00  5 Minutes of Balance [ATR] 11:00  Beanbag Baseball [GL] 12:30  <b>Flying Colors: "Shamrock Green" [DR]</b> 2:00  Beanbag Baseball at Spring Creek [Bus] 3:00  Game Time! Jeopardy and Deal or No Deal [GL] 4:00  Let's Play Chess [ATR] 4:15  Richard Tucker Musical Performance [DR] 7:00  Bingo [GL] 7:00  Cards, Anyone? [GL]</p>	<p><b>HELEN EBRIGHT BIRTHDAY</b> <span style="float: right;"><b>16</b></span></p> <p>9:00  Saturday's Word Search 10:00  <b>General Store [AR]</b> 10:00  Morning Walk [EXR] 10:30  Chair Yoga with Marnell [GL] 11:00  Let's Play Chess [ATR] 12:00  <b>Birth Day Bunch Lunch [DR]</b> 2:00  <b>Outside the Box with Lynne Masland [GL]</b> 2:30  <b>Story of a Lifetime [ATR]</b> 3:30  Craft Time: Shamrocks and Gold Nuggets [AR] 4:30  Solstice Social Hour [GL] 7:00  Cinema: Water for Elephants [TV]</p>
<p><b>St. Patrick's Day</b> <span style="float: right;"><b>17</b></span></p> <p>9:00  Sunday's Crossword 9:15  Coffee Social [DR] 10:00  Catholic Communion [LI] 10:30  Morning Walk [ATR] 11:30  Solstice Church Service [GL] 12:00  <b>St. Patrick's Day! Wear All Green [DR]</b> 2:00  Color With Me [AR] 3:00  Mexican Train Dominoes [GL] 4:00  Knitting and Crochet Class [ATR] 7:00  Bunco [AR]</p>	<p><span style="float: right;"><b>18</b></span></p> <p>9:30  Chair Yoga [GL] 11:00  Beanbag Baseball [GL] 11:45  Funny Bucks Banking [AR] 1:45  Solstice Bridge Club [GL] 2:00  Monday Matinee: Chicago [TV] 3:30  Chronology [AR] 4:30  Learn to Play Chess [ATR] 7:00  Monday Game Night [GL] 7:00  Nuts &amp; Bolts [AR] 7:00  Pinochle [GL]</p>	<p><span style="float: right;"><b>19</b></span></p> <p>8:30  Gentlemen's Breakfast [Bus] 10:00  Morning Billiards [GL] 10:10  Silver Sneakers Exercise [GL] 11:00  Fred Meyer Trip 11:00  Solstice Singers Practice [TV] 12:30  Name Tag Tuesday 1:30  <b>Health and Wellness Fair [ATR]</b> 2:00  Knitting and Crochet Hats for Babies [ATR] 3:00  Family Feud Game [GL] 4:00  <b>New Resident Meet &amp; Greet [AR]</b> 7:00  Bible Study [TV] 7:00  Bingo [GL]</p>	<p><span style="float: right;"><b>20</b></span></p> <p><b>Wednesday's Word Search</b> 9:15  5 Minutes of Balance [ATR] 10:00  Anne Bolen Presentation on Oral History [ATR] 11:00  Beanbag Baseball [GL] 12:00  <b>Wear Feathers Day [DR]</b> 2:00  Thrift Store Shopping [Bus] 2:30  Scrabble [AR] 3:30  LRC (bring pennies) [AR] 4:00  Name That Tune [GL] 7:00  Bingo [GL] 7:00  Movie: Wonder [TV]</p>	<p><span style="float: right;"><b>21</b></span></p> <p>9:00  Morning Billiards [GL] 10:00  Fred Meyer/ Dollar Store Trip [Bus] 10:10  Silver Sneakers Exercise [DR] 11:00  Alterations by Joyce [AR] 12:00  <b>Wear Floral Print Day [DR]</b> 1:30  15 min massages with Jaime(\$\$) [ATR] 2:00  TED Talks [TV] 3:00  <b>Chef's Corner [GL]</b> 3:00  UNO Card Game [GL] 4:00  Let's Play Chess [ATR] 7:00  Department Head Led Activity: Poker With Robbie [GL] 7:00  Pinochle [GL]</p>	<p><span style="float: right;"><b>22</b></span></p> <p><b>KATE CLARK BIRTHDAY</b> 9:30  Current Events [ATR] 10:00  5 Minutes of Balance [ATR] 11:00  Beanbag Baseball [GL] 12:30  <b>Table Hop [DR]</b> 2:00  Moments In Time "A Writers Group" [LI] 3:00  Game Time! Jeopardy and Deal or No Deal [GL] 4:00  Let's Play Chess [ATR] 4:15  Sally VanBoven (10) [DR] 7:00  Bingo [GL] 7:00  Cards, Anyone? [GL]</p>	<p><b>CAROLE GRUMNEY BIRTHDAY</b> <span style="float: right;"><b>23</b></span></p> <p><b>SHIRLEY MORLAN BIRTHDAY</b> 9:00  Saturday's Word Search 10:00  Morning Walk [EXR] 10:00  Our Daily Bread [LI] 10:30  Chair Yoga with Marnell [GL] 11:00  Let's Play Chess [ATR] 12:00  <b>Wear Slippers Day [DR]</b> 3:30  Craft Time: Painting Easter Jars [AR] 3:30  <b>Give &amp; Take Table [GL]</b> 4:30  Gold Key Solstice Social Hour [ATR] 7:00  Cinema: Into The Woods [TV]</p>
<p><span style="float: right;"><b>24</b></span></p> <p>9:00  Sunday's Crossword 9:15  Coffee Social [DR] 10:00  Catholic Communion [LI] 10:30  Morning Walk [ATR] 11:30  Solstice Church Service [GL] 12:00  <b>Backwards Day! Wear Your Shirt Backwards [DR]</b> 2:00  Color With Me [AR] 3:00  Mexican Train Dominoes [GL] 4:00  Knitting and Crochet Class [ATR] 7:00  Bunco [AR]</p>	<p><span style="float: right;"><b>25</b></span></p> <p>9:30  Chair Yoga [GL] 11:00  Beanbag Baseball [GL] 11:45  Funny Bucks Banking [AR] 1:45  Solstice Bridge Club [GL] 2:00  Monday Matinee: Charlie St. Cloud [TV] 2:30  Home Attendant Care Blood Pressure Clinic [AR] 3:30  Chronology [AR] 4:30  Learn to Play Chess [ATR] 7:00  Monday Game Night [GL] 7:00  Nuts &amp; Bolts [AR] 7:00  Pinochle [GL]</p>	<p><b>DOTTIE DALE BIRTHDAY</b> <span style="float: right;"><b>26</b></span></p> <p>9:00  Tim's Tech Time [AR] 9:30  Learn to Play Chess [ATR] 10:00  Morning Billiards [GL] 10:10  Silver Sneakers Exercise [GL] 11:00  Fred Meyer Trip 11:00  Solstice Singers Practice [TV] 12:30  Name Tag Tuesday 2:00  Knitting and Crochet Circle [ATR] 3:00  Solstice Book Club [LI] 7:00  Bingo [GL]</p>	<p><span style="float: right;"><b>27</b></span></p> <p><b>Wednesday's Word Search</b> 9:15  5 Minutes of Balance [ATR] 10:00  Game Time! Jeopardy and Deal or No Deal [GL] 11:00  Beanbag Baseball [GL] 12:00  <b>Wear Fur Day [DR]</b> 2:00  Day Trip Around Whatcom County [Bus] 2:30  Scrabble [AR] 3:30  LRC (bring pennies) [AR] 4:00  Name That Tune [GL] 7:00  Bingo [GL] 7:00  Movie: Where The Heart Is [TV]</p>	<p><span style="float: right;"><b>28</b></span></p> <p>3:00 <b>WANDA THOMSEN BIRTHDAY</b> 9:00  Morning Billiards [GL] 10:00  Fred Meyer/ Dollar Store Trip [Bus] 10:10  Silver Sneakers Exercise [DR] 12:00  <b>Wear Stripes Day [DR]</b> 1:30  15 min massages with Jaime(\$\$) [ATR] 2:00  Learn to Speak Spanish [TV] 3:00  UNO Card Game [GL] 4:00  Let's Play Chess [ATR] 7:00  Pinochle [GL]</p>	<p><span style="float: right;"><b>29</b></span></p> <p>9:30  Current Events [ATR] 10:00  5 Minutes of Balance [ATR] 11:00  Beanbag Baseball [GL] 12:00  <b>Fancy Pearls Day [DR]</b> 2:00  Tootsie Trimmer (\$\$) [AR] 3:00  Game Time! Jeopardy and Deal or No Deal [GL] 4:00  Let's Play Chess [ATR] 4:15  Quiet Fire Music from 30's-70's [DR] 7:00  Bingo [GL] 7:00  Cards, Anyone? [GL]</p>	<p><span style="float: right;"><b>30</b></span></p> <p>9:00  Saturday's Word Search 10:00  Morning Walk [EXR] 10:30  Chair Yoga with Marnell [GL] 11:00  Let's Play Chess [ATR] 11:30  <b>Wear Funky Socks Day [DR]</b> 2:00  <b>March Madness Solstice Auction!! [ATR]</b> 3:30  Craft Time: Bunny Banners [AR] 4:30  Solstice Social Hour [GL] 7:00  Cinema: Hope Floats [TV]</p>